



Trustees

Inside Out Community is a small but established registered charity operating in Ipswich, Suffolk. We run a range of well-being artistic workshops for adults with emotional and mental health needs. The programme involves visual arts, music, creative writing, dance and movement, and is delivered by professional artists with a sensitivity to mental and emotional health challenges.

The charity is actively seeking to recruit members of the public to join the board of trustees. We are particularly keen to recruit members of the local community in East Suffolk who have one or more of the following skills

- **Expertise in business financials; bookkeeping, accountancy, payroll, budgeting for bids, financial reporting**
- **Expertise in bid writing & fundraising**

As well as the above expertise, we look to recruit those who see the value of how creativity can help our wellbeing and will champion the charity and its ethos.

Trustee meetings are held once a month.

The board collectively are responsible for setting the strategy and policies for Inside Out Community and guides and supports the team.

To find out more about joining the board please email your interest and skills to the charity's secretary

Gemma Pott

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